

CHAUTAUQUA COUNTY OFFICE FOR THE AGING  
SENIOR NUTRITION PROGRAM

**COLD EVENING**

JANUARY 2012 - Supplemental COLD Evening Menu

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>3 Sliced Ham &amp; Swiss Cheese Sandwich Juice Fruit</p>	<p>4 Roast Beef Sandwich Pasta/ Veggie Salad Fruit</p>	<p>5 Salami &amp; Cheese Sandwich Potato Salad Custard / M: Diet</p>	<p>6 Egg Salad Sandwich Juice Fruited Gelatin</p>
<p>9 Ham Salad Sandwich Coleslaw Peaches</p>	<p>10 Seafood Salad Croissant 3-Bean Salad Cookie/M: Diet</p>	<p>11 Sliced Ham Sandwich Green Pea Salad Fruit Cup</p>	<p>12 Egg Salad Sandwich Juice Cake /M: no icing</p>	<p>13 Bologna &amp; Cheese Sandwich Potato Salad Fruit</p>
<p><i>Martin Luther King Day</i></p> 	<p>17 Chicken Salad on Croissant Coleslaw Fruit</p>	<p>18 Roast Beef Sandwich Marinated Vegetables Fruit</p>	<p>19 Sliced Turkey w/ Cheese Wheat Bread Pasta/Veggie Salad Fruit</p>	<p>20 Cold Meatloaf Sandwich 3 - Bean Salad Fruit</p>
<p>23 Cold Cut Sub Cucumber Salad Cookie/M: Diet</p>	<p>24 Tuna Salad Sandwich Juice Baker's Choice</p>	<p>25 Ham Salad Sandwich Potato Salad Pudding/M: Diet</p>	<p>26 Seafood Salad Croissant Coleslaw Graham Squares</p>	<p>27 Sliced Turkey Sandwich Carrot-Raisin Salad Fruit</p>
<p>30 Peanut Butter &amp; Jelly Sandwich Fruited Gelatin Pudding/M: Diet</p>	<p>31 Egg Salad Sandwich Pickled Beets Fruit</p>		<p><b>January 2012</b></p>	